



# Power Up Your Child's Study Habits: A Parent's Guide

*Rachel Becker*

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# Power Up Your Child's Study Habits: A Parent's Guide

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## **Power Up Your Child's Study Habits: A Parent's Guide** Rachel Becker

Here's the help you need to more effectively help your child succeed in school. What makes this book different? It's coordinated with the book your child uses. This book has companion books for students (one for elementary students and one for older students). The parent's guide works in parallel with the student book so you can support your child in being a better student. They're all filled with easy-to-use lists, helpful tips, examples, practical suggestions, and enough ideas to last through the years. And, it's written by a teacher who later wrote textbooks and other classroom materials. You get the help you need from an insider in both worlds. You'll find so many ideas (the writer has been at this for over 40 years) that you'll be able to pick out what works best for you now and add new ideas as you go through the school years. Many students are never taught how to learn. Many don't know their learning style (or how to use it). And how often are parents taught effective strategies for helping with homework, what to look for on open house night, and how to get the most out of meetings with teachers? You'll be a step ahead when you put the ideas from this book into practice. Here are some of the things you'll find in this book: 1. You'll get lots of help for homework time, methods and questions you can use, and help with long-term projects. You'll see how to use concept maps, how to get the most out of textbooks, and how to help your child read more effectively and write more clearly. 2. You'll also find ways to more effectively help your child prepare for (and take) tests. We'll look at how to deal with test anxiety (and failure) and some secrets about test questions your child's teacher may not know. (You and your older child will get the tools you need to ace an organic chemistry quiz when you know nothing about the subject!) 3. Need help organizing? We'll look at how to organize time, space, stuff, and ideas, how to set up and use calendars, and how to make the morning rush a bit easier. You'll even see tips for buying (and using) a backpack (and why you need a brightly colored folder in it). 4. Does your child get the most from class? You'll see ideas for listening better, picking up on the teacher's hints and clues about what's important, even where to sit. 5. We also go beyond the school with ideas on using community resources and travel for learning. We talk about the skills needed for life-long learning, and how to help your child develop these skills. Other books in this series are written for teachers and tutors. If you hire a tutor, this book will help make the time you're paying for more effective.

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