



Summer Fit Fifth to Sixth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values

Leland Graham

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Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core standards and include skills in math, reading, writing, language arts and science. Fitness exercises are designed to jump start the recommended 60 minutes of active play a day that children need to grow up healthy. Role models from throughout the world including Rosa Parks, Bethany Hamilton and Mother Teresa help reinforce core values such as honesty, respect and trustworthiness. Summer Fit extends the summer learning experience online with free reading and math digital downloads, book reports, health and wellness activities and fitness videos.

* Based on Common Core: math, reading, writing, language arts and science * Exercises jump start the recommended 60 minutes of daily movement and play * Role models reinforce core values, good character and social skills * Integrated academics and physical activities reinforce the importance of the body-brain connection * Free digital downloads

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William Grant:

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Amy Gutierrez:

Nowadays reading books become more and more than want or need but also work as a life style. This reading addiction give you lot of advantages. The benefits you got of course the knowledge even the information inside the book in which improve your knowledge and information. The data you get based on what kind of reserve you read, if you want get more knowledge just go with training books but if you want experience happy read one together with theme for entertaining including comic or novel. The Summer Fit Fifth to Sixth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values is kind of guide which is giving the reader unforeseen experience.

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