



**Living in Full Swing: Enjoy the Thrill of a New
Life Mindset, Get the Most Out of Your
Relationships, Go Ahead...You Can Risk It!**

Cathy Newton

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Be yourself...only better! Maybe you've felt like you've been pushed off the swing of life, or maybe you just sense that you were meant to swing higher. Either way, LIVING IN FULL SWING will give you the ""lift"" you need to feel the fresh breeze of joyful, purposeful living blowing once again in your face. Feel the thrill of soaring higher. Instead of avoiding risk, learn how to embrace it without fear and as a result achieve more than you ever thought possible. It's time to flip your thinking!

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