



Orthopedic Taping, Wrapping, Bracing, and Padding

Joel W. Beam EdD ATC LAT

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What are the needs of my client?

Which technique should I apply based on the injury/condition?

How effective is this technique?

Master the art and science of taping, wrapping, bracing, and padding techniques for the prevention, treatment, and rehabilitation of common athletic injuries and conditions.

Step by step, the author details multiple methods for each injury/condition—not just the most popular approach. You'll learn which technique to use and how to analyze the effectiveness of the technique. Full-color photographs give you a clear understanding of each step. Insightful discussions develop the critical-thinking skills you need to meet the needs of the client.

See what students are saying about the 2nd Edition...

Best Taping book ever made

“This one of the best taping, brace, wrapp and padd books I ever...[had] because it illustrates all procedures needed to help the athletic injuries prevention. It gives the best and alternative ways to ensure the athlete protection and also the best explanation of these methods through great pictures.”—Axel Melendez Roman

So HELPFUL

“Plain and simple...This book has EVERYTHING you will ever need in an Athletic training taping class. All of the tape jobs are there. There are plenty of different versions of most of the basic tape jobs. The instructions are easy to follow, and it helps out so much more than a couple of notes scribbled down in a spiral.” —Thomas Barkoski

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