



The Aging Eye

Harvard Medical School

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The Aging Eye

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Do You Have Trouble Reading Menus?

Do You Find It Difficult To Distinguish
Between Black And Dark Blue?

Do You Worry Excessively About Glare
When Driving At Night?

One out of every five of us is affected by impaired vision by the time we turn sixty-five. To help you preserve your vision now -- and beyond -- *The Aging Eye* discusses three common eye disorders that pose the greatest threat to your vision: cataracts, glaucoma, and age-related macular degeneration (Amd). This valuable guide will help you determine whether you are at risk of developing these disorders, describes their symptoms, and discusses diagnosis and the latest treatments.

You will learn:

- What to expect after cataract surgery
- How glaucoma often progresses in the early stages without symptoms
- Whether you may be suffering from dry or wet Amd
- If laser surgery is right for you
- How to deal with presbyopia, dry eye syndrome, floaters and flashes, and retinal detachment

Finally, practical suggestions will inform you what you can do now to preserve your vision, from fine-tuning your diet and stopping smoking to wearing sunglasses and protecting your eyes from the ravages of diabetes. A valuable user-friendly guide for everyone over fifty, *The Aging Eye* will give you the knowledge you need to safeguard your sight.

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