



# **Chronic Obstructive Pulmonary Disease: Practical, Medical, and Spiritual Guidelines for Daily Living with Emphysema, Chronic Bronchitis, and (Hazelden Pocket Health Guides)**

*Mark Jenkins*

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This pocket guide offers day-to-day support for living with chronic obstructive pulmonary disease by offering medical support and practical approaches for dealing with the physical, emotional, social and spiritual challenges associated with this disease.

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