



Sleeping Through the Night...and Other Lies: The Mysteries, Marvels, and Mayhem in the First Three Years of Parenthood

Sandi Kahn Shelton

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You've got circles under your eyes, crusty white stuff on your clothes, and strained carrots in your hair--welcome to the lighter, messier and definitely funnier side of parenthood!

In this laugh-out-loud collection of wit and wisdom, the *WorkingMother* columnist and author of *You Might As Well Laugh* delivers chuckles, cheer, and compassion--guaranteed to help parents survive the first three years. From breast feeding to toilet training and everything in-between, *Sleeping Through the Night* explores:

Parent Lingo--or words you never thought you'd want to know the meaning of, like Onesies, Zwieback, and Projectile Vomiting

The going bribery rates for toddlers (M&Ms are the currency of choice)

All-time favorites toys: the toilet brush, lids from pots and pans, anything in your cosmetic drawer, fireplace tools, your keys

How to reconnect with old what's-his-name, that guy across the pillow

Things NOT to discuss with the parents in the park (like your babysitter's phone number)

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